John Woolley and Gerhard Peters

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Q. How are you doing on your weight?

THE PRESIDENT. I weigh less now than I have for 20 years.

THE PRESIDENT. Fit to be President. Nice to see you all.

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Note: The exchange began at 11:10 a.m.

Gerald Ford

XXXVIII President of the United States: 1974-1977

29 - Exchange With Reporters Following Annual Physical **Examination at Bethesda Naval Hospital.**

January 24, 1976

THE PRESIDENT. Good morning.

REPORTER. How do you feel, Mr. President?

THE PRESIDENT. I feel fit as a fiddle. Getting healthier every day.

Q. Passed all your tests, as far as you know?

THE PRESIDENT. I think I did with flying colors. Comes from good living, you

Q. You are smiling. I guess things are going pretty well then.

THE PRESIDENT. I feel fine, really--a little bright light with the things that are in my eyes, for whatever it is. But other than that, I feel great.

Q. Whatever happened to your experiment with contact lenses? Did that fall by the wayside?

THE PRESIDENT. Well, I wear glasses so infrequently I decided it wasn't worth the

Q. Did you get any advice from your doctors, Mr. President?

THE PRESIDENT. To keep doing all I'm doing--recreation, exercise, watching the calories.

Q. Does that exercise include swimming in this weather?

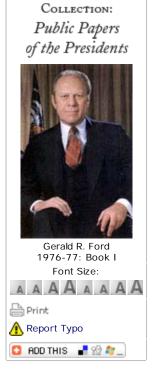
THE PRESIDENT. I swim every day. I swam last night at 10:30. Come out and join

Q. Does this mean, Mr. President, that you are going to be skiing in New Hampshire?

THE PRESIDENT. We'll wait and see.

Q. So you're all fit for the campaign, then?

REPORTER. Thank you.



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